

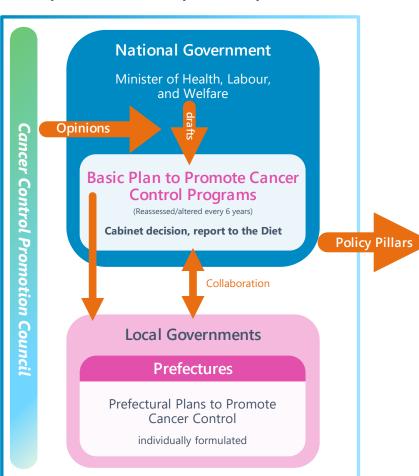
Cancer Control in Japan

1962	National Cancer Center established		
1981	Cancer becomes leading cause of death in Japan		
1983	Health and Medical Service Act for the Aged comes into efforts (stomach/cervical cancer screening starts, with gradual exp	ect ansion)	
1984	Comprehensive 10-Year Strategy for Cancer Control starts	2007	Basic Plan to Promote Cancer Control Programs (Phase 1) starts
2001	Regional Cancer Treatment Centers designated	2012	Basic Plan to Promote Cancer Control Programs (Phase 2) starts
2006	Cancer Control Act passed	2013	Cancer Registration Promotion Act passed
		2014	10-Year Strategy for Cancer Control starts
		2018	Basic Plan to Promote Cancer Control Programs (Phase 3) starts

Cancer Control Act (Act No. 98, 2006)

(passed: 2006, promulgated: 2007, last amended: 2016)

Comprehensive and planned promotion of cancer control



Section 1: prevention and early detection

- promote cancer prevention
- · improve cancer screening quality

Section 2: equity in cancer care

- train medical professionals with specialized knowledge, build up medical institutions
- maintain and improve the quality of life for cancer patients going through treatments
- improve collection/provision of information on cancer treatments

Section 3: research

- promote cancer research and utilization of research results
- focus on rare cancers, intractable cancers

Section 4: cancer patients and social life

- keep patients in the workplace
- enable education whilst undergoing treatment
- champion private sector support organizations

Section 5: raising awareness

include cancer on the national curriculum

Basic Plan to Promote Cancer Control Programs

- Phase 3 (cabinet decision: March 2018)

1. Overall Goal

"our people, not only cancer patients, with an awareness of, and overcoming cancer"

- (1) prevention and screening underpinned by scientific evidence
- (2) patient-focused cancer treatment
- (3) establishing society where lives are lived with dignity and security

2. Policy Pillars

1. Prevention

- 1. Primary prevention
- 2. Early detection, screening (secondary prevention)

2. Advancing Cancer Medicine

- Cancer genomic medicine
 Surgical, radiation, drug, and immune therapies
- 3. Multidisciplinary medicine
- 4. Cancer rehabilitation
- 5. Supportive care
- 6. Rare and intractable cancers

- 7. Childhood, AYA*, and geriatric cancers * Adolescent and young adult
- 8. Pathological diagnosis
- 9. Cancer registries
- 10. Early development and approval of drugs and medical devices

3. Living with Cancer

- 1. Palliative care starting from diagnosis
- 2. Counselling, support, and information dissemination
- Cancer control and support for cancer patients by the regional community
- Social issues, including cancer patients' employment
- Enabling patients' active participation through different phases in life

4. Initiatives Foundations

1. Cancer research 2. Training experts 3. Cancer education and raising public awareness

3. Basis for comprehensive and planned promotion of cancer control

- 1. Close coordination/cooperation between involved parties
- 2. Prefectural government plans/initiatives
- 3. Citizens' efforts, including cancer patients
- 4. Engagement of patient organizations

- Budget allocation, its efficient and focal use
- 6. Appraisals of initiatives originally planned
- 7. Revision of basic plan



1. Prevention

Primary Prevention

Issues

- smoking / passive smoking
- higher risk of lifestyle-related diseases with alcohol intake and lack of exercise, with no improvement from 2012
- untreated hepatitis virus carriers

Needed Initiatives

- raise public awareness of smoking as a detriment to health, support smoke cessation
- reduce passive smoking
- advance policies aligned with the Basic Plan for Promotion of Measures against Alcohol-related Harm
- raise public awareness through 'Smart Life Project' and dietary improvement campaigns
- encourage treatment of hepatitis; promote vaccinations and drug development for hepatitis B

Exposure to passive smoking

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Location	Percentage (%)
Eateries & Bars	29.6
Game parlours	27.1
Offices	26.1
Streets	27.1

Adult Smoking Rate



Lifestyle Habits Other Than Smoking	Male	Female
drinking enough to increase risk of lifestyle-related disease (%)	14.9 (14.7)	9.1 (7.6)
with exercising habit (%)	33.4 (36.1)	25.1 (28.2)

Source: Japan National Health and Nutrition Survey, 2019

Numbers in parentheses indicate data from 2012

1. Prevention

Secondary Prevention

Issues

- screening rates short of target, follow-up examination also low
- screening unlisted on guidelines, or without scientific evidence conducted
- 30-60% of cancer screenings opportunistic (at workplaces); methods and subject ages vary

Needed Initiatives

- programs to improve screening rates, improve access
- encourage guidelines-based screening, improve accuracy
- investigate screening methods, analyzing local and international data, building on scientific evidence
- establish guidelines for workplace cancer screening

Follow-up Examination Rates(2017) (Target: 90%)

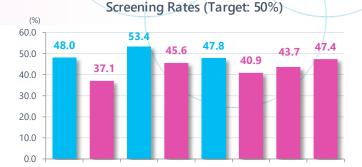
Туре	%
Stomach (40-74 Years) (X-Ray)	81.0
Lung (40-74 Years)	83.5
Colon/Rectum (40-74 Years)	70.7
Cervix Uteri (20-74 Years)	75.2
Breast (40-74 Years)	88.8

Source: Prepared based on the National Cancer Center Cancer Information Service's "Cancer Registry and Statistics"

Cancer Screening in the Workplace

Туре	%
Stomach (40-69 Years)	62.6
Lung (40-69 Years)	67.5
Colon/Rectum (40-69 Years)	61.9
Cervix Uteri (age 20-69, past 2 yrs)	36.1
Breast (age 40-69, past 2 yrs)	40.3

Source: 2019 Comprehensive Survey of Living Conditions



Source: 2019 Comprehensive Survey of Living Conditions

Administration of screening tests not listed on guidelines



Source: 2020 Survey of the Status of Cancer Screening in Municipalities

2.Advance Cancer Medicine

Cancer Genomic Medicine

Issues

- foundation needed for implementation of cancer genomic medicine
- capacity building for improving cancer genomic medicine

Needed Initiatives

- designated core hospitals for cancer genomic medicine to provide cancer genomic medicine
- train specialists for cancer genomic medicine
- strengthen Center for Cancer Genomics and Advanced Therapeutics, for effective use of genomic information big data

Center for Cancer Genomics and Advanced Therapeutics Academia Core Hospitals for Cancer Genomic Medicine

Source: Growth Strategy Council - Investing for the Future (April 2017)

Cancer Treatments Provision

Issues

- cancer care equity throughout nation, driven by designated cancer care hospitals
- stronger need for patient safety
- immunotherapy treatments on offer vary, those underpinned by scientific evidence and those without, confusing public

- define emerging requirements for cancer centers, such as genomic medicine, patient safety, and emotional support
- centralize genomic medicine and selected radiation therapies
- rectify information on immunotherapy

2.Advance Cancer Medicine

Rare and Intractable Cancers

Issues

- close coordination between rare cancer facilities and regional cancer centers called for
- development of effective diagnosis/treatment of intractable cancers

Needed Initiatives

- establish medical institutions leading rare cancer treatments
- promote development of diagnostics/treatments for intractable cancers

National Institute for Rare Cancers (National Cancer Center)



Childhood, AYA*, and Geriatric Cancers

* Adolescent and young adult

Issues

- smooth patient referrals, from local clinics to central childhood cancer centers
- AYA generation cancer patients require highly individualized services suitable to their age
- no guides set for standard treatment of geriatric cancer patients

- engage regional partner hospitals to provide childhood cancer care
- provide consultations, support employment for AYA generation cancer patients, along with medical care
- set and disseminate cancer treatment guidelines for the elderly



3.Living with Cancer

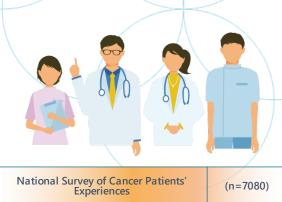
Palliative Care

Issues

- swift and appropriate addressing of patient discomfort insufficient
- palliative care training with good access and robust syllabus called for, with attendance encouraged

Needed Initiatives

- screening of complaints starting at diagnosis, better provision of palliative care
- better syllabus and management of palliative care training



National Survey of Cancer Patients' Experiences	(n=7080)
with physical pain	34.7%
with emotional pain	24.0%

Source: 2018 Patient Experience Survey

Counselling, Support, and Information Provision

Issues

- underuse of cancer counselling and support centers
- cancer information inundating patients, holding back from acquiring reliable information

Needed Initiatives

- encourage the use of cancer counselling and support centers from early stages of treatment whilst building up capacity
- disseminate evidence-based information, while monitoring accuracy of medical websites

Cancer Control and Support for Cancer Patients by the community

Issues

• closer coordination between cancer centers and regional medical institutions, for better home health care

Needed Initiatives

• nurture specialist coordinators for multi-disciplinary collaboration between diverse regional facilities

3.Living with Cancer

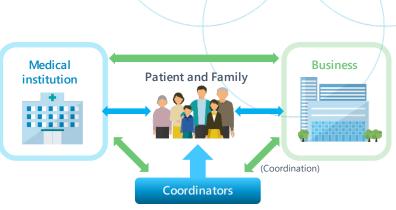
Social Issues, including Cancer Patients' Employment

Issues

- more support in job loss prevention and reemployment needed
- lack of counselling, information on physical appearance care and fertility preservation

Needed Initiatives

- establish "triangular support system" for cancer patients
- capacity building in physical appearance care, counselling and support for fertility preservation, and improve information provision



Source: March 28, 2017 Revision of the Action Plan for the Realization of Work Style Reform

Corresponding to phases in life

Issues

- children and the AYA generation have unique needs, their care requiring differentiation from adults
- dementia, common among the elderly, calls for corresponding standards for cancer treatment decision making

- long-term follow-up scheme for children and AYA generation cancer patients
- decision making support for patients with dementia, and geriatric cancer patients at end-of-life phase

4. Foundations for the Initiatives

Cancer Research

Issues

- 10-Year Strategy for Cancer Control provides framework for research with a long-term point of view
- research tailored to the social circumstances of cancer patients called for

Needed Initiatives

- revision of the 10-Year Strategy for Cancer Control
- research led by AMED, viewing across strata of research phases, from basic to implementation
- establish standard treatments for childhood, rare, intractable cancers and set treatment guidelines
- research in genomic and immune medicine, anticipating development of new therapies

Training Experts

Issues

• due to higher specialization and the need to correspond to various phases of life, nurturing specialists are ever more important

Needed Initiatives

- expand breadth of specialties of trainees, to ensure equity of cancer treatment and support
- continue with education of medical practitioners specializing in cancer care
- train medical practitioners in genomic medicine, rare and intractable cancers and ways of corresponding to patients' phases of life



国立研究開発法人日本医療研究開発機構 Japan Agency for Medical Research and Development



4. Foundations for the Initiatives

Cancer Education and Raising Public Awareness

Issues

- Insufficient engagement of lecturers, or knowledge on the part of teaching staff
- Insufficient support for public awareness activities run by the private sector



- train teachers and lecturers, as instructors of cancer education in schools
- support public awareness activities by the private sector and patient organizations





Cancer Control Promotion Council

established by the Cancer Control Act (articles 24-25)

- responsible for drafting, appraising, and revising the Basic Plan to Promote Cancer Control Programs
- members appointed by the Minister of Health, Labour, and Welfare
- up to 20 members representing cancer patients, their families, cancer survivors, cancer medicine professionals, and academic experts

Basic Plan to Promote Cancer Control Programs

established by the Cancer Control Act (article 10)

- sets comprehensive and strategic policies to promote cancer control
- concrete goals and timeframes set
- drafted by the Minister of Health, Labour, and Welfare, submitted for Cabinet decision
- relevant administrative agencies consulted, opinions solicited from the Cancer Control Promotion Council, in preparation
- reported to the Diet, posted on the Internet, made public without delay